



## Markham Issues Extreme Heat Alert Residents Urged to Stay Cool

**Markham, ON ~ June 19, 2012** Markham has issued an extreme heat alert due to Environment Canada's forecast of high temperatures over 30 degrees Celsius and a humidex reading that is expected to reach or exceed 40 in the Markham area over the next couple of days. The extreme heat alert will be in effect until 6 p.m. on Thursday, June 21, 2012.

During an extreme heat alert, residents are asked to take precautions to avoid suffering heat-related illnesses. Residents are also encouraged to call or visit family, friends and neighbours, especially isolated adults and seniors who are at greater risk of suffering from heat-related illness, to make sure they are cool and drinking plenty of fluids.

While extreme heat can put everyone at risk for heat-related illnesses, health risks are greatest for:

- Older adults;
- Infants and young children;
- People with chronic illnesses such as breathing difficulties, heart conditions, or psychiatric illnesses;
- People who work in the heat;
- People who exercise in the heat; and
- People without access to air conditioning.

As part of Markham's Hot Weather Response Plan, we have designated specific community centres and the Markham Civic Centre as cooling centres where residents can seek comfort from the extreme heat. A complete list of the designated cooling centres, public swimming and water play areas in Markham are included on the attached information sheet.

Markham encourages residents to stay cool, hydrated and healthy, and avoid leaving seniors, children or pets unattended in a car. For Markham recommendations based on Health Canada guidelines and more information on emergency preparedness, visit [www.markham.ca](http://www.markham.ca).

### INFORMATION SHEET FOLLOWS

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**About Markham:** Markham, a municipality with more than 310,000 residents centrally located in the Greater Toronto area, is home to 400 corporate head offices and 900 high tech and life science companies. Founded in the 1790s, today Markham is Canada's most diverse community, and enjoys a rich heritage, outstanding community planning and services, and a vibrant local economy. Markham has received the Excellence Canada PEP III Integrated and Accessibility Awards, and multiple heritage and environmental awards.

**Latest News:** [www.facebook.com/townofmarkham](http://www.facebook.com/townofmarkham) and [www.twitter.com/townofmarkham](http://www.twitter.com/townofmarkham)

## Extreme Heat Alert Information Sheet

### List of Designated Cooling Centres, Public Swimming and Water Play Areas

The following is a list of designated cooling centres and public swimming and water play areas in Markham:

#### Cooling Centres Open from 8 a.m. to 10 p.m.

- Angus Glen Community Centre, 3990 Major Mackenzie Drive East
- Armadale Community Centre, 2401 Denison Street
- Milliken Mills Community Centre, 7600 Kennedy Road
- Thornhill Community Centre, 7755 Bayview Avenue
- Centennial Community Centre, 8600 McCowan Road

#### Cooling Centre Open from 8:30 a.m. to 9:30 p.m. (Mon. to Fri.) and 9:00a.m. to 5:00p.m. (Sat. and Sun.)

- Markham Civic Centre, Main Entrance, Great Hall, 101 Town Centre Blvd.

#### Indoor Public Swimming Pools

The following are Public Indoor Swimming Pools may extend operating hours to accommodate swimming during an Extreme Heat Alert:

- **Angus Glen Community Centre Pool, 3990 Major Mackenzie Drive East**
  - Mondays, Wednesdays, Fridays, Saturdays and Sundays 9:30pm – 11:00 pm
  - Tuesdays and Thursdays 10:00pm- 11:00pm
- **Milliken Mills Community Centre, 7600 Kennedy Road**
  - Mondays, Wednesdays, Fridays, Saturdays and Sundays 9:30pm–11:00 pm
  - Tuesdays and Thursdays 10:00pm - 11:00pm
- **Thornlea Pool, 8075 Bayview Ave**
  - Mondays, Wednesdays, Fridays, Saturdays and Sundays 9:30pm – 11:00 pm
  - Tuesdays and Thursdays 10:00pm - 11:00pm
- **Centennial Community Centre, 8600 McCowan Road**
  - **Mondays, Wednesdays, Fridays,** Saturdays and Sundays 9:30pm – 11:00 pm
  - Tuesdays and Thursdays 10:00pm - 11:00pm

#### Outdoor Public Swimming Pools

- Morgan Park Pool, 11 Parkway Avenue – 2:30 p.m. to 3:30 p.m. (Lane Swim); 2:00 p.m. to 5:30 p.m. (Parent and Tot); and 5:30 p.m. to 8:30 p.m. (Recreational Swim)
- Rouge River Community Centre, 120 Rouge Bank Drive – 4:00 p.m. to 6:00 p.m. (Recreational Swim)



### **Water Play Areas Open from 9:00 a.m. to Dusk**

- ❑ Ashton Meadows Park, Unionville – Woodbine Avenue and Calvert Road
- ❑ Bayview Lane Park – Baymark Road, north of Romfield Circuit
- ❑ Beaupre Park, Milliken Mills – Denison, north of Coxworth Avenue
- ❑ Benjamin Marr Park, Cornell – East of Ninth Line, south of Pascoe Drive
- ❑ Berczy Community Park – Bur Oak and Bridle Walk
- ❑ James Edward Park, Milliken Mills – north side of Elson Street, across from James Edward Drive, east of McCowan Road
- ❑ Milliken Mills Park – 14th Avenue, east of Birchmount Road
- ❑ Millennium Park – Town Centre Boulevard and Cox Boulevard
- ❑ Mingay/Bur Oak/Wismer, Markham – northwest corner of Mingay Avenue and Bur Oak Avenue
- ❑ North cornell/Northvale, Markham – southwest corner of Bur Oak Avenue and Northvale Road
- ❑ Simonston Park Thornhill – Simonston Boulevard and Don Mills Road
- ❑ South Unionville Greenway – Castan Avenue and Oakcrest Avenue
- ❑ Swan lake Park – Swan Park Road and Williamson Road
- ❑ Tomlinson Park, Boxgrove – Boxwood Crescent, west of 9th Line, south of 14th Avenue
- ❑ Villages of Fairtree Community Park – Elson Street and Eastvale Drive
- ❑ Wismer Community Park – Castlemore Avenue and Mingay Avenue